

# e-bulletin

Issue no 24  
8 June 2007



Welcome to our regular e-bulletin, which is circulated every fortnight. Thanks to everyone who has emailed with news stories, and comments and suggestions.

If you have any information or ideas for the Bulletin please contact [Jayne Bulman](#), at CSIP Eastern Development Centre – contact details later. If you have any difficulty accessing this bulletin or its contents please contact us so that we can help.

The following links will help you to move between the sections providing information about national and regional news, development centre updates, forthcoming events and opportunities.

[Regional News](#); [National News](#); [Development Centre Update](#); [Events](#); [Useful Resources](#);



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## Regional News

### Where do mental health and spirituality meet?

North East Stronger Together (NEST) held on 9 May 2007 a forum in Maldon on the theme of “where do mental health and spirituality meet?” A wide spectrum from the community attended, from members of the public, people who use or have used mental health services, professionals representing service users, and others.

InterAct’s Allan Brown spoke on some formal links and events connecting spirituality with mental health and highlighted North Essex Mental Health Partnership Trust (NEMHPT) website Spirituality Zone. Sarah Buchanan from Maldon Council for Voluntary Service updated the forum on plans for a partnership project with Churches Together in Maldon for all people seeking further inclusion in the local community. Governor Brian Loader from NEMHPT updated attendees on the proposed Foundation status, and Mind promoted this year’s Mind week, focusing on the positive effects of green exercise on mental health.

A discussion on mental health services and the language used pursued, and some attendees commented that too many acronyms were used by professionals, they find the term service user demeaning and more was needed for service users. It was also believed by those that attended the forum that “the link between mind/body/spirits needs greater exploration”. On the whole the forum was well received.

Future Maldon forums are being held on:

- Wednesday July 11 “Finding the right course for you” – the value of learning
- Wednesday Sept 12 “It’s good to talk” Guest speaker NHS Therapist

For more information, please contact Christine McDonald on at Nest Chelmsford Office on 01245 350216



Click here for the forum and taking a spiritual history report:

[www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99480&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99480&grp=1)



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## National News

### **Independence, choice and risk: a guide to best practice in supported decision making**

The Department of Health has now published the new guidance Independence, Choice and Risk: a guide to supported decision making. This best practice guide is for the use of everyone involved in supporting adults (18 and over) using health and social care within any setting, whether community or residential, in the public, independent or voluntary sectors. This includes all NHS staff working in multi-disciplinary or joint teams.

 **Click here to download the guide:**

[www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_074773](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_074773)

### **Breaking down barriers - the clinical case for change in mental health**

Employment, housing and a strong social network are as important to a person's mental health as the treatment they receive. Louis Appleby, the National Director for Mental Health, explains why we have to continue to improve community care and break down the barriers that can prevent people from rebuilding their lives. The Department of Health published this report on 'Breaking down barriers' on 11 May 2007.

 **Click here to read the report:**

[www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_074579](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_074579)

### **FACE: An Integrated Documentation System for Health and Social Care**

FACE (standing for Functional Analysis of Care Environments) is a single integrated multi-professional documentation system for use across health and social care. FACE comprises a number of distinct toolsets, each of which is tailored to a particular care group or area but are integrated with other toolsets. Contained within each toolset are holistic assessment tools, care planning and review documentation, referral forms and resource materials. The FACE SAP toolset is nationally accredited by the Department of Health and used throughout England. Other toolsets include Mental Health, Learning Disability, Long-term Conditions and Young People.

A 'core' holistic assessment in each toolset is supplemented by 'second line' tools for use if there is a need for further specialist assessment. In this way assessment remains proportionate to need, whilst enabling as much or as little detail to be collected as is appropriate. Additionally, briefer 'triage' or screening tools are provided for contexts where a full holistic assessment is not required or realistic. Outcome measures are incorporated within the assessments, which also meet national and professional standards.

Over 260 Authorities and Trusts now use FACE Tools and new developments include:

- A Person-held record for universal use
- Mental Capacity Assessment
- Tools supporting the use of Assistive Technology
- Digital versions of the tools for use with digital pens.

For further details, please email [info@facecode.com](mailto:info@facecode.com) or contact Hugh Reynolds on 0115 9838788.

 **Click here to visit the FACE website:** [www.facecode.com](http://www.facecode.com)

## **Ministers recommend Early Support helping every child succeed as an approach to co-ordinating services across England.**

Early Support was confirmed as the mainstream approach to achieve integrated service delivery for families and children in the recent report from the Treasury and the Department for Education and Skills, 'Aiming high for disabled children: better support for families'.

In a joint letter from the Department for Education and Skills and Department of Health being sent to all local authorities and health services, Ministers have endorsed Early Support as a key Government priority and made clear their expectation that the approach, materials and training will be used everywhere. The purpose of the letter was to ensure that all families and children that need Early Support benefit from it and that those authorities that have not yet engaged with the programme do so. For more information about Early Support, Early Support training and Early Support consultants, visit [www.earlysupport.org.uk](http://www.earlysupport.org.uk)



**Click here to read the letter from Ministers:**

[www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99549&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99549&grp=1)



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## **CSIP Eastern Development Centre Update**

### **CSIP Eastern says farewell to Sara Glover**

The Eastern Development Centre said a fond farewell and a big thank you to Sara Glover, Business Manager CSIP Eastern. Sara has had a key role in the development of corporate policies, service redesign and improvement, performance management and the communication and dissemination of good practice on behalf of CSIP Eastern Development Centre. She has led and managed the financial, communication and administrative functions and provided her expertise and advice into the policy development for the national CSIP business function. Sara will be missed by her colleagues, as she moves onto pastures new. CSIP wishes her every success for the future.

### **CSIP welcomes Kieron Murphy**

There has been a substantive change in the way the Department of Health (DH) will operate in the regions in the future. As part of the movement to the regions, CSIP will have a new and different role – but a key one in strengthening the DH's regional presence. A team of Associate Regional Directors, led by a National Interim Director was established in April 2007, which will lead the implementation of the enhanced DH presence in each region. Kieron Murphy has been appointed as the new Associate Regional Director for Eastern Region. Kieron, was currently the National Programme lead for Health and Social Care in Criminal Justice. CSIP Eastern welcomes Kieron to the team and looks forward to a prosperous working partnership.

## Care Service Improvement Partnership Demystified by Ian Hartley


Ian Hartley, Third Sector Commissioning for CSIP Eastern kindly wrote an article for the spring edition of COVER (The Community & Voluntary Forum: Eastern Region) bulletin. Ian explains CSIP's objectives, its work in the region and his role.

CSIP came into being in April 2005 and is funded by the Department of Health and other agencies to work with local government, public bodies, the private sector and voluntary and community organisations to improve services and the health and wellbeing of people in England. CSIP brought a number of separately funded programmes together under one umbrella.

The CSIP Regional Development Centres adopts a matrix approach to much of its work. This may mean that several programmes may have an interest in the Third Sector. Recently work is being done on looking at the implications of implementing the health White Paper 'Our Health Our Care Our Say'. Amanda Reynolds, Social Care Regional Change Agent leads on this but it also involves the lead from commissioning, learning disabilities, older people's services and workforce development.

Ian Hartley's main task is described as developing the market, in particular looking at how more health and social care services might be commissioned from social enterprises and charities (the Third Sector). This has meant trying to identify opportunities and then working with colleagues throughout the region in developing solutions. At the start of a new financial year CSIP are looking at how they can continue to find innovative ways of supporting the Third Sector and colleagues in the statutory sector to build creative partnerships that will find more effective ways of supporting the most vulnerable groups with our society.

**Ian Hartley, Third Sector Commissioning CSIP Eastern**

 **Click here to read the full article (page 4):** [www.eastern.csip.org.uk/our-work/commissioning/commissioning-in-voluntary-third-sector/commissioning-in-the-voluntary-third-sector-documents-and-presentations.html](http://www.eastern.csip.org.uk/our-work/commissioning/commissioning-in-voluntary-third-sector/commissioning-in-the-voluntary-third-sector-documents-and-presentations.html)

## Increasing the Uptake of Direct Payments: Solution Set website

The Increasing the Uptake of Direct Payments project has been providing the means for people from all local authorities around the country to come together to work on, and share ideas about, how to increase direct payments uptake. A new 'solution set' for direct payments website is now up and running on [www.directpayments.csip.org.uk](http://www.directpayments.csip.org.uk)

This 'solution set' is a way of sharing 'what works' from those with experience and building on this to promote and provide direct payments. The contents largely reflect the themes in the self-assessment guide which was designed to encompass services for all. In response to the regional work an additional set has been added, 'Promoting Equal Access' to highlight specific issues for some groups for whom services are difficult to access.

Bernadett Simpson, Health and Social Care Change Agent CSIP London DC and Robin Murray- Neill, Direct Payments Lead, CSIP EDC invite you to have a look at the new solution set website and to feedback to them your comments, and would welcome any contributions you would like to add. For further information, please email Robin Murray-Neil on [robin.murray-neil@csip.org.uk](mailto:robin.murray-neil@csip.org.uk) or visit the website [www.directpayments.csip.org.uk](http://www.directpayments.csip.org.uk)



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## Events

### **Big Days Out – 6-29 June 2007, various locations in Eastern Region**

The East of England Big Lottery Fund team are touring the region throughout June to bring you news of some of our funding programmes. Each of the Big Days Out will consist of four briefing sessions, each covering one of the following programmes:

- Awards for All
- Reaching Communities
- Playful Ideas
- Family Learning

For further information, please contact Miranda McCoy on [regionevents.ea@biglotteryfund.org.uk](mailto:regionevents.ea@biglotteryfund.org.uk)



**Click here to view dates, location and booking form:**

[www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99548&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99548&grp=1)

### **Mental Health Nursing: Illuminating the future – 15 June 2007, Colchester**

This event is about celebrating the role of mental health nursing in a challenging era, acknowledging best practice and sharing learning. For further information, please contact Jenny Trovell on 01206 874140.



**Click here to view the flyer:** [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99546&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99546&grp=1)

### **An Introduction to Managing Mental Health Issues at Work – 12 June & 24 July 2007, London**

This course is a three hour seminar for managers and key people. Employers can make a positive impact by committing to workplace practice that will provide mental health awareness training for staff. For more information, please call Kipepeo on 01263 862286 or email: [info@kipepeo.co.uk](mailto:info@kipepeo.co.uk)



**Visit Kipepeo's website for more details:** [www.kipepeo.co.uk/bookings.html](http://www.kipepeo.co.uk/bookings.html)

### **Inspiring Leadership in the business, public and third sectors – 21 June 2007, Bury St Edmunds**

Charles Handy and Richard Olivier to speak in the East of England for St Nicholas Hospice

For further information, please contact Wendy Evans on 01284 715555 or email: [wendy.evans@stnh.org.uk](mailto:wendy.evans@stnh.org.uk)



**Click here to view the flyer:** [www.st-nicholas-hospice.org.uk/About+Us/news/inspiringleadership.htm](http://www.st-nicholas-hospice.org.uk/About+Us/news/inspiringleadership.htm)

### **Applying for successful National Institute for Health Research programme grants in mental health – 25 June, London**

UK Mental Health Research Network will be holding a workshop to provide up to date feedback and advice on applying for successful NIHR programme grants in mental health. The meeting is aimed at programme leaders and co-applicants. For more information and to attend the workshop, please contact UK Mental Health Research Network, PO Box 77, Institute of Psychiatry, De Crespigny Park, Denmark Hill, London SE5 8AF or email: [MentalHealthResearch.Network@iop.kcl.ac.uk](mailto:MentalHealthResearch.Network@iop.kcl.ac.uk)

## **National Children's Bureau training events – June, October, November 2007 & February 2008, various locations**

The training events held by the National Children's Bureau (NCB) are: -

- **Keeping Disabled Children Safe – 11 June, 6 November 2007 & 7 February 2008, London, Sheffield & York**

This course will enable participants to recognise key vulnerability factors and to identify strategies and ways of working to better protect disabled children and young people.

 Click here for more information: [www.ncb.org.uk/Page.asp?originx\\_9317to\\_94357910440049f16w\\_20074234033a](http://www.ncb.org.uk/Page.asp?originx_9317to_94357910440049f16w_20074234033a)

- **Involving Disabled Children in Planning and Reviews - 28 June & 28 November 2007, Leeds & London**

This one-day training course looks at various forms of communication from verbal to emotional, with a view to improving participant's engagement with the disabled children with whom they work.

 Click here for more information: [www.ncb.org.uk/Page.asp?originx\\_896sr\\_21632731210086u49i\\_20074232525t](http://www.ncb.org.uk/Page.asp?originx_896sr_21632731210086u49i_20074232525t)

- **Including Me: working with children with complex health needs - 2 October 2007, Leicester**

Based on the highly popular book, Including Me, this course is designed for those working with children with complex health needs in a range of settings.

 Click here for more information: [www.ncb.org.uk/Page.asp?originx\\_4866xh\\_39535297044115k29i\\_200610173143m](http://www.ncb.org.uk/Page.asp?originx_4866xh_39535297044115k29i_200610173143m)

For more information or a booking form please contact NCB training on 02078 436084 or email [training@ncb.org.uk](mailto:training@ncb.org.uk)

## **Understanding how families can be involved in mental health treatment – 5 & 6 July 2007, Stansted, Essex**

Professionals keen to successfully involve families within the care and treatment of adults with mental health issues are invited to attend an annual two day conference. For more information please contact Tracy Wright from the North Essex Mental Health Partnership NHS Trust on 01376 302700.

 Click here for more information: [www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99547&grp=1](http://www.kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=99547&grp=1)

## **Quality of later life: Learning in care settings revisited - 10 July 2007, London**

This conference aims to determine how current social, health, education and older people's policies, actions and procedures can help create and sustain education programmes for older people and look at some current good practice. For further information, please contact Gurjit Kaur on 0116 204 2833 or email: [gurjit.kaur@niace.org.uk](mailto:gurjit.kaur@niace.org.uk)

 Click here to view the flyer: [www.eastern.csip.org.uk/our-work/social-inclusion/education/national-information-education.html](http://www.eastern.csip.org.uk/our-work/social-inclusion/education/national-information-education.html)



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## Useful Resources

### COVER bulletin, spring 2007

You can now view the bulletin from the Community and Voluntary Forum: Eastern Region

 [Click here to access the bulletin: www.eastern.csip.org.uk/resources/other-bulletins-of-interest.html](http://www.eastern.csip.org.uk/resources/other-bulletins-of-interest.html)

### Social Enterprise Matters newsletter issue 8

Social Enterprise Network for Essex, Southend-on-Sea and Thurrock produces a monthly newsletter.

 [Click here to access the newsletter: www.eastern.csip.org.uk/resources/other-bulletins-of-interest.html](http://www.eastern.csip.org.uk/resources/other-bulletins-of-interest.html)

### A Guide to Coaching and Mental Health: the recognition and management of psychological issues

A guide by Andrew Buckley and Carole Buckley published by Routledge provides an indispensable introduction to the assessment of psychological issues in the context of coaching. For more information, please call Kipepeo on 01263 862286 or email: [info@kipepeo.co.uk](mailto:info@kipepeo.co.uk)

 [Click here for more details: www.kipepeo.co.uk/guidetocmh.html](http://www.kipepeo.co.uk/guidetocmh.html)

### Black communities mental health and the criminal justice system

You can now view Nacro, changing lives reducing crime mental health and crime briefing 2007.

 [Click here to access the briefing: www.nacro.org.uk/data/resources/nacro-2007052400.pdf](http://www.nacro.org.uk/data/resources/nacro-2007052400.pdf)

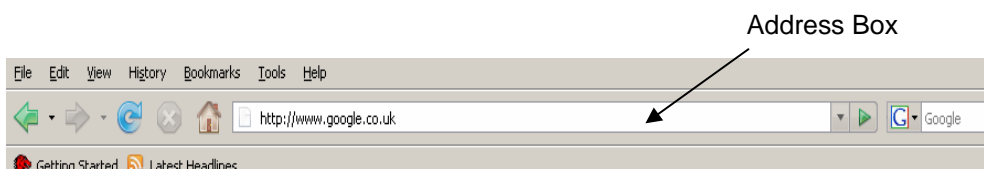


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## Please Note:

### Hyperlinks:

If you find the links do not work this maybe because your computer is not compatible, click on the internet and type in the web address into the address box on the internet tool bar.



Other information about the Eastern Development Centre

We are currently running the following programmes of work (in alphabetical order):

- Children and Families (including Change for Children and the National CAMHS Support Service) – **Tracey Cogan 01206 287586**
- Commissioning – **Maurice Burns 07789 864212**
- Health and Social Care in Criminal Justice – **Rob Jayne & Amanda Hawkins 01206 287578**
- Learning and Improvement Networks – **Paul O'Halloran 01206 287594**
- Learning Disabilities (Valuing People Support Team, VPST) – **Simon Whitehead 01449 616187**
- Mental Health (National Institute for Mental Health in England, NIMHE) – **Susannah Rix 01206 287592**
- Older People and Physical Disabilities – **Angie Glew 07775 906892**
- Adult Social Care – **Amanda Reynolds 07775 631510**



[To download a copy of our 2005/06 Mental Health Prospectus, click here](#)



For access to our website click on the link: <http://www.eastern.csip.org.uk/>

Care Services Improvement Partnership 

This bulletin was created by the Eastern Development Centre. If you have any queries about the bulletin, or would like to be taken off the mailing list contact:

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